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Date: Thursday, January 28, 2016

COUNCILMEMBER CHRIS CATE PEDALS FOR YMCA KIDS AND FAMILIES IN NEED

San Diego, CA: On Saturday, January 30th from 9:00 a.m. to 10:00 a.m., Councilmember Chris Cate will be participating in the Mission Valley YMCA's 6th Annual Bike-A-Thon to raise funds for kids and families in need. All dollars raised from the bike-a-thon will support the YMCA's 2016 fundraising campaign.

"The Y is a place for families. When we invest in our families, we reinvigorate our neighborhoods. This event will directly benefit kids, families and seniors in District 6," stated Councilmember Chris Cate.

"We thank Councilmember Cate for both promoting the importance of staying active and recognizing the value that the Y's outreach program bring to our communities. Thanks to his support and the support of 150+ other cyclists, this fundraising effort will help thousands of kids through free and subsidized programs," said Siddhartha Vivek, YMCA of San Diego County.

WHAT: YMCA's 6th Annual Bike-A-Thon

WHERE: Mission Valley YMCA, 5505 Friars Road, San Diego, CA 92110

WHEN: Saturday, January 30, 2016 | 8:00 a.m. to 1:00 p.m.

Media availability 9:00 a.m. to 10:00 a.m.

VISUALS: Councilmember Cate, stationary indoor-cycling bicycles, YMCA members

About Councilmember Chris Cate:

Chris Cate is an advocate and voice for all residents in District 6. Chris proudly represents the neighborhoods of Clairemont Mesa, Kearny Mesa, Mira Mesa, Miramar, Park Village and Sorrento Valley.

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